



AUSTRALIAN ASSOCIATION OF MUSCULOSKELETAL MEDICINE

ASSESSMENT AND MANAGEMENT OF NECK & UPPER BACK PAIN AND DISABILITY

A learning module for doctors wanting to boost their skills and confidence with patients disabled with neck and upper back pain - and the second of four modules for the Certificate in Musculoskeletal Medicine

Learn how to:

- Sharpen your diagnostic skills with more focused history taking
- Refine your physical examination skills and make sense of your findings
- Target and interpret cervical and thoracic spinal investigations.
- Make a specific diagnosis leading to effective treatment
- Do basic manual therapy and trigger point injections in your office
- Prescribe appropriate exercises and medications



The module comprises

- a prereading component of 4 to 6 hours in preparation for a day-long workshop of interactive tutorials, hands on physical examination and treatment techniques with feedback, case discussions and mini-lectures.

WHEN?	Saturday 11 November, 8.30 am – 5.00 pm
WHERE?	General Practice Training Queensland, Billabong St, Stafford
TUTORS:	Dr Michael Yelland – GP & Musculoskeletal Medicine Practitioner, Arana Hills - Associate Professor, School of Medicine, Griffith University Dr Geoff Harding – Musculoskeletal Medicine Practitioner, Sandgate Dr Paul Cleary – Lecturer, Faculty of Medicine, University of Queensland. Dr Chris Homan - Musculoskeletal Medicine Practitioner, Spring Hill Dr Bruce Jones - Musculoskeletal Medicine Practitioner, Indooroopilly
MODULE COST:	\$770 (incl. GST) \$550 for registrars and members of the AAMM
CONTACT:	Georgina Dale at aamm.secretary@gmail.com or phone (07) 3870 2250 for bookings or visit https://www.aamm.org.au/musculoskeletal-courses/
FURTHER DETAILS: Visit www.aamm.org.au	

- a brief multiple-choice question test.

An application has been made to the RACGP QI & CPD division for approval of the module as an Active Learning Module worth 40 category 1 points.

The neck and upper back pain module is the second of four modules being offered by the Australian Association of Musculoskeletal Medicine leading to the award of the 'Certificate in Musculoskeletal Medicine'. These modules offered in a repeating annual cycle in Brisbane, cover the assessment and management of pain and disability in the (i) low back, (ii) neck and upper back, (iii) upper limbs and (iv) lower limbs.

The modules can be taken independently and in any order, but all four modules must be successfully completed to be awarded the certificate.