



## AUSTRALIAN ASSOCIATION OF MUSCULOSKELETAL MEDICINE

### **ASSESSMENT AND MANAGEMENT OF LOWER LIMB PAIN**

*A learning module for doctors wanting to boost their skills and confidence with patients suffering from painful lower limb disorders.*

Learn how to:

- Sharpen your diagnostic skills with more focused history taking
- Refine your physical examination skills and make sense of your findings
- Target and interpret lower limb investigations
- Make a specific diagnosis leading to effective treatment. Conditions include osteoarthritis, common ligament and meniscal injuries, tendinopathies, plantar fasciitis, metatarsalgia and many others
- Do basic manual therapy and joint/bursa injections in your office
- Prescribe appropriate exercises and medications



The module comprises a prereading component of 4 to 6 hours in preparation for a day-long workshop of interactive tutorials, hands on physical examination and treatment techniques with feedback, case discussions and mini-lectures. It concludes with a brief multiple-choice question test and a reinforcing activity.

An application will be made to the RACGP QI & CPD division for approval of the module as an Active Learning Module worth 40 category 1 points.

WHEN?	Saturday 12 May, 2018 from 8.30 am – 5.00 pm
WHERE?	Room 325, Mayne Medical School, UQ, Herston Rd, Herston, Brisbane
TUTORS:	Dr. Michael Yelland – GP & Musculoskeletal Medicine Practitioner, Arana Hills - Associate Professor, School of Medicine, Griffith University Dr. Geoff Harding – Musculoskeletal Medicine Practitioner, Sandgate Dr. Paul Cleary – Lecturer, Faculty of Medicine, University of Queensland. Dr. Chris Homan - Musculoskeletal Medicine Practitioner, Spring Hill Dr. Bruce Jones - Musculoskeletal Medicine Practitioner, Indooroopilly
MODULE COST:	GPs - \$590; AAMM members - \$490; Registrars - \$390
CONTACT:	Kim Ramillon at <a href="mailto:aamm.cert@gmail.com">aamm.cert@gmail.com</a> or phone (07) 3870 2250 for bookings or visit <a href="https://www.aamm.org.au/musculoskeletal-courses/">https://www.aamm.org.au/musculoskeletal-courses/</a> for further details

The lower limb pain module is the final of four modules being offered by the Australian Association of Musculoskeletal Medicine leading to the award of the 'Certificate in Musculoskeletal Medicine'. These modules offered in a repeating annual cycle in Brisbane, cover the assessment and management of pain and disability in the (i) low back, (ii) neck and upper back, (iii) upper limbs and (iv) lower limbs.

The modules can be taken independently and in any order, but all four modules must be successfully completed to be awarded the certificate.