



## AUSTRALIAN ASSOCIATION OF MUSCULOSKELETAL MEDICINE

### ASSESSMENT AND MANAGEMENT OF LOW BACK PAIN AND DISABILITY

*A learning module for doctors wanting to boost their skills and confidence with patients disabled with low back pain - and the first of four modules for the Certificate in Musculoskeletal Medicine*

Learn how to:

- Sharpen your diagnostic skills with more focused history taking
- Refine your physical examination skills and make sense of your findings
- Target and interpret lumbar spinal investigations.
- Make a specific diagnosis leading to effective treatment
- Do basic manual therapy and trigger point injections in your office
- Prescribe appropriate exercises and medications



The module comprises

- a prereading component of 4 to 6 hours in preparation for
- a day-long workshop of interactive tutorials, hands on physical examination and treatment techniques with feedback, small group case discussions and mini-lectures.
- a brief post workshop multiple-choice question test.

WHEN?	Saturday 5 August, 8.30 am – 5.00 pm
WHERE?	General Practice Training Queensland, Billabong St, Stafford
TUTORS:	Dr Michael Yelland – GP & Musculoskeletal Medicine Practitioner, Arana Hills - Associate Professor, School of Medicine, Griffith University Dr Geoff Harding – Musculoskeletal Medicine Practitioner, Sandgate Dr Paul Cleary – Lecturer, Faculty of Medicine, University of Queensland.
MODULE COST:	\$770 (incl. GST) \$550 for GP registrars and members of the AAMM
CONTACT:	Georgina Dale at <a href="mailto:aamm.secretary@gmail.com">aamm.secretary@gmail.com</a> or phone (07) 3870 2250 for bookings or visit <a href="https://www.aamm.org.au/musculoskeletal-courses/">https://www.aamm.org.au/musculoskeletal-courses/</a>

An application has been made to the RACGP QI & CPD division for approval of the module as an Active Learning Module worth 40 category 1 points.

The low back pain module is the first of four modules being offered by the Australian Association of Musculoskeletal Medicine leading to the award of the '*Certificate in Musculoskeletal Medicine*'. These modules offered in a repeating annual cycle in Brisbane, cover the assessment and management of pain and disability in the (i) low back, (ii) neck and upper back, (iii) upper limbs and (iv) lower limbs.

Subsequent modules have a similar format and size to the low back pain and disability module. Any of the modules can be taken independently but all four modules must be successfully completed to be awarded of the certificate.