



## AUSTRALIAN ASSOCIATION OF MUSCULOSKELETAL MEDICINE

### **ASSESSMENT AND MANAGEMENT OF LOW BACK PAIN**

*A learning module for doctors wanting to boost their skills and confidence with patients disabled with low back pain - and the first of four modules for the Certificate in Musculoskeletal Medicine*

Learn how to:

- Sharpen your diagnostic skills with more focused history taking
- Refine your physical examination skills and make sense of your findings
- Target and interpret lumbar spinal investigations.
- Make a specific diagnosis leading to effective treatment
- Do basic manual therapy and trigger point injections in your office
- Prescribe appropriate exercises and medications



The module comprises a prereading component of ~ 6 hours in preparation for a day-long workshop of interactive tutorials, hands on physical examination and treatment techniques with feedback, case discussions and mini-lectures. It concludes with a brief multiple-choice question test and a reinforcing activity.

WHEN?	Saturday 3 August, 2019, 8.30 am – 5.00 pm
WHERE?	General Practice Training Queensland, 1/32 Billabong St, Stafford, Brisbane
TUTORS:	Dr Michael Yelland – GP & Musculoskeletal Medicine Practitioner, Brisbane - Associate Professor, School of Medicine, Griffith University Dr Geoff Harding – Musculoskeletal Medicine Practitioner, Brisbane Dr Paul Cleary – Lecturer, Faculty of Medicine, University of Queensland. Dr Chris Homan - Musculoskeletal Medicine Practitioner, Brisbane Dr Ramona Chryssidis - Musculoskeletal Medicine Practitioner, Adelaide Dr Mike Ellis – GP & Musculoskeletal Medicine Practitioner, Sydney
MODULE COST:	GPs- \$590; AAMM members- \$490; Registrars - \$390; Repeat modules- \$290
CONTACT:	Kim Ramillon at <a href="mailto:aamm.cert@gmail.com">aamm.cert@gmail.com</a> or phone 0475 091 625 for bookings or visit <a href="https://aamm.org.au/courses-conference/">https://aamm.org.au/courses-conference/</a> for further details

Allocated 40 Category 1 points (Activity Number 162038) in the RACGP QI & CPD Program

Application submitted to ACRRM for 30 PRPD Points for the 2017-2019 triennium awaiting approval

The low back pain module is the first of four modules being offered by the Australian Association of Musculoskeletal Medicine leading to the award of the 'Certificate in Musculoskeletal Medicine'. This is the third cycle of modules held in Brisbane, the first two being highly rated by participants. These modules cover the assessment and management of pain in the (i) low back, (ii) neck and upper back, (iii) upper limbs and (iv) lower limbs. Any of the modules can be taken independently but all four modules must be successfully completed to be awarded the certificate.